

W93

How to be a good-enough GP for non-heterosexual people (LGBT - Lesbian, Gay, Bisexual and Trans people) - in Norway and in Turkey

Janecke Thesen(1), Gunnar F Olsen(2), Mari Bjørkman(3), Dilek Güldal(4), Özden Gökdemir(4), Gamze Akyol(4), Neslişah Gaffuroglutan(4), Ülkü Bulut(5)

(1) NKLM, Uni Research Health, University of Bergen, Bergen, Norway

(2) Kantarellen Legesenter, Oslo, Norway

(3) Rosenhoff Legegruppe, Oslo Norway

(4) Dokuz Eylul University, Medical Faculty, Department of Family Medicine, Izmir, Turkey

(5) Bayraklı Family Medicine Center in İzmir/Turkey

Corresponding author: Dr Janecke Thesen, Uni Research Health, National Centre For Emergency Primary Health Care, Bergen, Norway. E-mail: janecke.thesen@uni.no

Background: The living conditions for LGBT people are different in Turkey and Norway, but the differences are probably of a quantitative rather than a qualitative nature. In both countries homonegativity and minority stress contribute to impaired health and barriers to good health care for LGBT people. The Norwegian group has developed an educational package to be used in educational quality circles (QC's), and it will be presented in the workshop. The aim of the Turkish group is to focus on the health care workers' opinions, experiences and knowledge about the needs and provision of the health care of LGBTI individuals. Together we will conduct a workshop that explores aspects of LGBT life and the role of the GP for LGBT patients in different European countries. Our aim is to stimulate the workshop participants to reflect upon their own practice at home, and to contribute to GP's knowledge base and positive attitudes when meeting LGBT patients.

Method: Firstly, we focus on the conditions for LGBT people in each of the European country that is represented by the participants. Secondly, the Norwegian group and the Turkish group present their educational package and material, and case stories for discussion. Thirdly, we present facts and statistics from Norway and Turkey. The workshop will be held in an open and explorative atmosphere hoping to learn rather than to teach.

Results: The workshop will highlight and explore differences for LGBT people's living conditions, health and health care services throughout Europe. We will focus on consultation techniques and possible rooms of action for the GP meeting LGBT patients. The workshop will offer room for reflection and the learning of new consultation techniques that will benefit both the GPs and the LGBT patients in their everyday practice at home.

Conflicts of interest: None