

## **W69**

### **An evidence based approach – a help or hindrance for family doctors working abroad?**

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**Background and Aim:** There has been growing interest in international primary care from new family medicine doctors. Learning from other systems is highly valued in many curriculums across Europe as evidenced by the successful Hippocrates Exchanges, which allows young family doctors to experience an alternative primary care health system in Europe. There are also opportunities beyond Europe. This is filtering down to our trainees who are also keen to experience primary care in alternative settings. Evidence based medicine is ingrained into practicing family doctors particularly within the UK. But when working abroad it may not always be clear how to apply this way of thinking. This workshop will allow interested individuals to hear from the experiences of others before potentially embarking upon their own experiences. It will provide an avenue for discussion on what can be learnt from different systems in this context.

**Method:** The workshop will begin with a brief introduction into the history of evidence based medicine, how it is ingrained into practice in a new generation of family doctors and led to the development of the growing field of academic primary care. Reflections will then be shared by members of the panel on their experiences of time spent abroad. This will include a brief overview of successful projects and the development of resources (e.g. an audit toolkit for use in developing countries). Group discussions will then be conducted into the benefits and limitations of this approach including any challenges other members of the audience have faced and how they have overcome them.

**Conclusion:** By the end of the workshop we hope to put together a useful resource/toolkit that can be used in future experiences and consultations.