

## **W60**

### **Integrated multimorbidity management for your practice: what are enablers and barriers to effective implementation?**

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**Background & Aims:** Integrated multimorbidity management is advocated for addressing one of the greatest challenges facing general practice. How can we, as general practitioners, provide patients with person-centered, family-centered and community-centered care without overwhelming ourselves? Are our current practice structures and support services designed to manage the rising tide of patients with multimorbidity, now and into the future?

**Method:** This workshop will explore the nature of living with multimorbidity and disability with and without family support, social services and community care. Having identified critical issues affecting the independence of living with multi morbidity, participants will explore how current practice structures, social services family supports and community care that act as enablers or barriers to maintaining the independence of these patients.

**Results:** Learning outcomes: Participants will:

- Understand how to use integrated multimorbidity management for addressing the medical, social family, community and environmental factors affecting the vulnerability of patients with multimorbidity
- Enhance their self-efficacy in delivering integrated multimorbidity care
- Be better able to advocate for the necessary supports to implement integrated multimorbidity care.

The final part of the workshop will address how participants can develop solutions to effectively implement integrated multimorbidity management into their practice and maintain work-life balance.