

## **W57**

### **EURIPA Workshop**

#### **Use of new technology in follow-up of patients with chronic diseases in rural areas**

*Veronika Rasik(1), Josep Vidal-Alaball(2), Oleg Kravtchenko(3), Ferdinando Petrazzuoli(4), Donata Kurpas(5), Tanja Pekez-Pavliško(6)*

*(1) Vasco da Gama Movement and EURIPA, Zagreb, Croatia*

*(2) EAP Artés, Institut Catala de la Salut. Catalunya, Spain*

*(3) Oleg Fastlege, Fredensborgklinikken / Universitetet i Nord, Bodoe, Norway*

*(4) Centre for Primary Health Care Research, Lund University, Malmö, Sweden*

*(5) Wroclaw Medical University, Family Medicine Department, Wroclaw, Poland.*

*(6) Primary Care Center, Private Practice, Kutina, Croatia*

*Corresponding author: Mrs Jane Randall-Smith, Euripa, Montgomery, UK. E-mail: Jane@montgomery-powys.co.uk*

**Background:** As technology moves forward so does its ability to assist in monitoring patients and their chronic conditions. In rural areas where access to medical professionals can be limited by different factors, this can be a very useful tool. Health literacy has also become tied to technology as it allows patient a better overview of their condition and access to more information.

**Aim:** To explore how we use the technology available today in management of chronic disease in rural areas. Thinking about ways in which we could improve our use of these tools. As well as thinking about ways in which health literacy can be improved using new technologies.

**Methods:** Presentation of the existing use of technology in healthcare (telemedicine, SoMe, e-health). Discussion in groups: telemedicine, social media, improving health literacy, empowering patients and doctors.

**Conclusion:** Participants will learn about available technologies which they can implement in their rural practice. The outcomes of the discussion could help develop new or better ways of using technology to help us and our patients manage chronic conditions.