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The community approach from primary care consultation

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The aging population, immigration, unemployment, social inequalities in health ... underline the importance of primary care in community work. In Yakarta's Declaration it can be read that health promotion has a marked impact on the determinants of health so as to create the greatest health gain from people to contribute significantly to the reduction of inequities in health, to further human rights and to build social capital. However, although many of the problems we see in the consultation have a social origin, medicine practice develops into a more biological approach, focusing on the biological treatment of the disease. There're some studies that explain this fact by the alleged lack of scientific rigor of Community activities, ignorance of how to do community work or lack of time. With this workshop, we aim to provide a Community approach to primary care, so participants can understand it as a useful tool at work. We also would like to show them that there are different forms of community work and we can adjust the time that each one have. To expose the workshop in a very practical and familiar way to all participants, we are going to start with several real cases of patients who come to our consultation. Subsequently, cases are resolved through different ways of community work: community orientation in the consultation, health education, collaboration with other community resources or participation in health councils. We will emphasize the key concepts and experiences discussed in subgroups to then share it all together and make a list of conclusions. We want the workshop to be very participatory. After a brief introduction, the organizers will present the clinical cases and then, we will try not to participate to facilitate the group to get their own conclusions. The authors have no conflicts of interest.