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Facing your challenges in teaching and how humanities could help: a peer reflective workshop

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Justification and Interest: Faculty face challenges when they teach and have few opportunities to share them and reflect with their peers. Usually when discussing educational issues with their colleagues, they often spend most of this time talking about problematic students, and barriers with the learning environment. Stating new paradigms implies in learn how to share weakness and frustrations, find resources for a better teaching performance, identify personal role models and use them to inspire and motivate teaching, leadership, and students. Humanities are a powerful resource to facilitate the peer reflection among faculty members. As the humanistic perspective of doctoring and teaching is placed, people realize that communication and sharing experiences are core issues for educating students, residents and faculty themselves as human beings. Working with our core beliefs and values is crucial to job satisfaction, avoiding burn out, developing leadership and rewarding personal and professional development as teachers and family doctors. This workshop is proposed to those who are involved in family medicine teaching. We expect an interactive discussion with the audience, high feedback from the participants, and an opportunity to start a peer feedback scenario on teaching. Their experience will be the basic issue for starting the discussion, enriched with exchanging experiences, and with some classical thoughts taken from well-known family medicine educators.

Contents and Methods:

- a. Presenters will ask the audience to introduce themselves and list the main challenges they face in their teaching set. (30')
- b. Presenters will describe their experience in using Humanistic Resources (music, movies, poetry, literature) and apply the methodology with the audience (25')
- c. Interactive discussion with the audience: emerging topics, new ideas, how to humanities to encourage teachers to identify their core values and beliefs. (25')
- d. Summarizing: what did we learn? (10')

Keywords: Faculty Development, Medical Humanities, Peer Reflection