

W11

GPs for PIDs – a workshop on how to increase the awareness of primary immunodeficiencies among General Practitioners

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Primary immunodeficiencies (PIDs) are a broad spectrum of inherited disorders often diagnosed in childhood. However, as the symptoms may vary over time and from person to person, these diseases can therefore be difficult to diagnose, and are sometimes only recognised in adulthood.

It is very important to diagnose the PID patients early to avoid the damages untreated PIDs causes. In addition to infections and inflammation, a dysregulated immune system can sometimes lead to various autoimmune disorders. The GP therefore has an important role in recognising PIDs, since first contact will often be the GP. With an appropriate treatment, many complications can be avoided. Treatment to PIDs depends on the severity and type of PID.

The most frequent conditions are seen in 1:500 individuals, meaning that they can be found in everyday general practice.

In the workshop the immune system will be briefly reviewed. PIDs in general will be presented and discussed, as well as warning signs and initial diagnostic tests. A few clinical cases will be presented and discussed. Delegates will be prepared to meet the possible PIDs in the clinic after this session.

The final part of the workshop will be interactive, delegates are therefore encouraged to bring their cell phones, tablets or laptops

