

W04

A demonstration how to manually examine a patient with arm-, shoulder- and neck-pain and a talk about the different reasons for these symptoms

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Background and Aim: In General Practice we often see patients with problems from the musculoskeletal system, and we often lack the skills to examine these patients in the right way. In the Danish Society of Muskuloskeletal Medicine (DSMM) we educate doctors to master these skills. We have a number of courses in different manual treatments. DSMM is a society of 600 members who are mostly GP.

Method: In this presentation we will demonstrate how to examine and evaluate a patient with neck- and shoulder-pain radiating to the arm. We have chosen this example, because some patients with pain radiating to the arm will incorrectly be referred to the hospital suspecting it to be a disc herniation. It will be a practical workshop with "hands on", where the participants will examine the colleagues after theoretical and practical instructions. We expect the participants to be dressed in clothes which makes it easy to examine the upper body.

Results: We expect participants will achieve a knowledge and an interest in patients with problems in the musculoskeletal system and manually examine their own patients. We hope as well they will seek further education in this subject, as the workshop should be seen as an appetizer.

(No, of Participants max. 30)