

S35.3

"Frailty management optimisation through EIP AHA commitments and utilisation of stakeholders - FOCUS" - how can family doctors support our dementia carers?

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The goal of FOCUS, which stands for Frailty Management Optimisation through EIP AHA Commitments and Utilisation of Stakeholders' Input, is to reduce the burden of frailty in Europe. To that end, the partners are working on advancing knowledge of frailty detection, assessment, and management, including biological and clinical markers, in order to change the paradigm of frailty care from acute intervention to prevention.

FOCUS partners are working on ways to integrate the best available evidence from frailty-related screening tools, studies, and interventions into the care of frail people and their lifestyles. Frail citizens in Italy, Poland and the UK and their carers are being called to express their views and their experiences with treatments and interventions aimed at improving lifestyle. Outcomes from different approaches to deal with frailty is investigated to understand better the balance between prevention and treatment, including the costs involved, and then to develop tools to assist those accountable for planning and implementing care services for frail citizens. The FOCUS Consortium is developing mechanisms to leverage the knowledge available and to put it in the service of frail citizens. In order to reach out to the broadest audience possible, the FOCUS Platform for Knowledge Exchange and the platform for scaling up are being developed with the collaboration of stakeholders. The FOCUS project is a consequence of the work being done by the European Innovation Partnership on Active and Healthy Ageing (EIP AHA), which aims to increase the average healthy lifespan in Europe by 2020 while fostering sustainability of health and social care systems and innovation in Europe. The knowledge and tools developed by the FOCUS project, with input from stakeholders, will be deployed to all EIP AHA participants dealing with frail older citizens to support their activities and optimise their performance.