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Critical Appraised Topics by GP-trainees

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Background & Aim: The Dutch GP specialty training is a 3-year programme. In their first and third years, GP trainees work in practice under the supervision of a GP trainer. In their second year, trainees participate in 3- to 6-month clinical traineeships. One day a week, trainees meet each other at the training institute to receive education. Evidence based medicine (EBM) is part of this education. The EBM training consists of training in searching and appraising clinical evidence, performing a critically appraised topic (CAT) assignment, and journal clubs in which the focus is on integrating evidence in daily clinical practice. Curiosity is the start of critical appraisal of their own performance or of their trainers. Many subjects of the CATs are about practice variation between primary and secondary care but also between the GP-trainee and their GP trainers. The aim of this workshop is informing and inspiring GP trainers and trainees about clinical reasoning and evidence based medicine.

Method: In this workshop we will briefly outline the EBM teaching programme of GP-trainees and GP trainers and several GP-trainees will present a CAT in 5 minutes. There is time for the public to discuss the results with the GP trainee and to vote for the best CAT.