

**Integrated healthcare organization in academic oriented Julius Health Centers, The Netherlands**

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**Background:** The Julius Health Centers (JHC) are the academic primary care practice of the University medical center in Utrecht in the Netherlands. The JHC provide innovative, integrated primary health care for almost 40.000 patients, from five multidisciplinary health centers. Services are provided by 26 general practitioners, in close collaboration with practice nurses, physiotherapists and mental health staff. JHC employs nine general practitioners with a special interest (SIGP) and training in resp. chronic disease (Diabetes, Asthma and COPD, cardiovascular disease), prevention, mental health, gynecological- and orthopedic care and e-health. These SIGP's are responsible for the quality of care, research, development of health care innovation and professional education in their field. Aim of this Workshop: To discuss and exchange success factors, pitfalls and challenges in the development and implementation of innovative integrated care programs for chronic disease management and prevention.

**Method:** The following aspects will be presented:

**Brief introduction about the aims and organization of academic practice in the Julius Health Centers**

*Niek de Wit*

**Example of diabetes care. From disease management program to more personalized care with an online self-management program for diabetes mellitus**

*Bertien Hart, SIGP Diabetes*

**Example of Cardiovascular care.**

Experiences about an integrated CVD disease management program (with project-based approach, case-finding and a programmatic prevention consultation screening program) will be presented.

*Monika Hollander, SIGP Cardiovascular Disease*

**Example of COPD and Asthma care.**

Besides the disease management program for patients with COPD, the study about 'overdiagnosis' of asthma in children in primary care, which lead to a structured proactive asthma disease management program for children, will be presented.

*Ingrid Looijmans, SIGP Asthma/COPD)*

A variety of best practice preventive projects, such as the web-based cardiovascular health risk assessment (the personal health check) and the implementation model 'infrastructure of a healthy community, will be presented

*Karolien van den Brekel, SIGP Preventio*

