

S13.3

Why addiction is not a disease - new pathways to (multidisciplinary) treat and counsel addicts in primary care

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Aim: The concept of "addiction is a chronic disease" bears a lot of pessimistic views and hence, pessimistic goals by GPs. This Symposium would like to give you some clues to change that view and hinges to hold for change.

Method: 4 speakers, 3 GPs and 1 psychologist, will present:

1. what is addiction? anatomy and physiology in brief
2. why is it not a disease? semantics or biological evidence?
3. why is it a multidisciplinary task in an ambulatory setting? French evidence
4. walking in their shoes: on cues, attentional bias, the now appeal, ego fatigue: Danish inspiration
5. changing the perspective of treatment: an expert view

Facts: Each presenter will produce some facts that each GP will probably recognise. Each presenter will propose a few questions to initiate a debate with the audience

Conclusion: After this Symposium, you will:

1. have another view on the problem of addiction
2. have an update on the anatomy, physiology and future treatment and counselling options
3. have a few new hinges to work with your addicted patients in a more optimistic way
4. be happy to have attended this symposium!