

## S13.2

### **Communication between GPs and patients with mental disorders: a piece of the puzzle for integration mental health into primary care**

*Irina Angela Radu(1,2), IA Efrim(1,3,4), C Bakri(1,3,4,5), L Toc(1, 2)*

*(1) National Society of Family Medicine, Mental Health Working Group, Romania*

*(2) University of Medicine and Pharmacy, Bucharest, Romania*

*(3) European Academy of Teachers in General Practice / Family Medicine (EURACT)*

*(4) College of Psychologists of Romania, Bucharest, Romania*

*(5) University of Medicine and Pharmacy, Cluj-Napoca, Romania*

*Corresponding author: PhD Fellow Irina Angela Radu, National Society of Family Medicine, and University of Medicine and Pharmacy, Mental Health Working Group of National Society of Family Medicine, Bucharest, Romania. E-mail: irina.radu2009@gmail.com*

**Objectives:** The workshop aims to raise awareness of the importance of active involvement of GPs in providing mental health services. The workshop is meant to highlight the strengths and difficulties in the communication between GPs and patients with mental health disorders and to find suited solution in order to better integrate mental health into primary care and to improve mental health outcomes and costs.

**Methods and Results:** Presenters: Irina Angela RADU, Ileana Anca Efrim Chairperson: Ileana Anca Efrim The main pillars of discussion will be:

- 1) Reviewing and describing the role of GPs in prevention of mental health by identifying links between mental disorders and exposure to risk factors during the life span and the role of GPs in promotion of the protective measures for mental health;
- 2) Reviewing and describing the role of GPs in early diagnose of mental disorders by identifying links between mental disorders and other communicable/non-communicable diseases;
- 3) Highlighting the role of the communication between GPs and their patients with mental disorders as one of the most powerful tool;
- 4) Sharing the Romanian experience. Conclusions GPs can better integrate mental health disorders that result in high morbidity and mortality into primary care by implementing suited solution for a better communication with the patients.

#### **Scientific References:**

1. Michael Kidd. The contribution of family medicine to improving health system. A guidebook from the world organization of family doctors. Radcliffe Publishing. 2013 WONCA.
2. Integrating mental health into primary care: a global perspective. World Health Organization and World Organization of Family Doctors (WONCA) 2008.