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Embracing uncertainty through collaboratory reflection

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A group of Danish male GPs managed to establish a reflective group in 2000. The group has been meeting regularly for 15 years, discussing difficult patient encounters and other professional challenges. It has created collaboratory reflection and a safe haven for its participants in a challenging clinical world. The participants have experienced personal and professional growth. They have apparently learned to embrace and even value the fundamental uncertain and complex nature of primary care, which seems to benefit their 'heart-sink' patients. The features, which have ensured the long-lasting sustainability of this group, could perhaps inspire other younger GPs to work in such reflective groups.