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Management of anemias in family medicine

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Background & Aim: Anemia is one of the most common disorders in Family Medicine. Patients of all ages may address their physician with complaints of anemia. Apart from the most common causes, globalization and migration of populations due to refugee crisis may reveal causes that are not often encountered in Western Europe.

Method: In this symposium we will focus on the management of the patient with anemia from the perspective of underlying mechanisms that have caused these symptoms. Three formal lectures will be presented, focusing on patient's history, clinical findings, diagnostic approaches and treatment modalities.

Presentations:

1. "Hemoglobinopathies in the era of migrating populations", Maria Tsironi
2. "Infectious diseases induced anemia" Panagiotis Andriopoulos
3. "Anemia, inflammation and chronic disease" Lamprini Tina

Results: Aim of the symposium is to raise awareness for causes of anemia that become more and more often in the changing populations of Europe. Diagnostic ability and clinical suspicion are vital in Family medicine and proper management of anemia a crucial part of everyday practice.