

## **PS2.254**

### **Use of antidepressants (ATDP) and benzodiazepines (BZD) in over 75 years and institutionalization**

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**Objective:** Know if in patients older than or equal to 75 who take BZDP and / or ATDP there are differences between sex and those who are institutionalized or not. In addition to the proportion of those who are taking these drugs.

**Material and Methods:** Descriptive cross-sectional study carried out random sampling of people aged 75 years or over belonging to five different medical lists of the Basic Health Area (BSA) the data collected were age, sex, if they are institutionalized and the use of ATD and / or BZDP. for analysis measurements and standard deviation is used. To study percentages resorted to the square Chi.

**Results:** Total: 270 patients studied, 158 females and 112 barons; average age 81.10 (81.93 females males 79.94). They are 19 institutionalized in residence (7%) (5.9% females and 1.1% males, there is a significant difference).

Treated with ATDP 59 (21.9%) females 16.7%, males 5.2% (significant difference exists). Institutionalized ((3%) non-institutionalized (18,9) (significant difference exists). Without ATDP treatment 211 (78.1%).

Treatment with BZD 103 (38.1%): 27% females, 11.1% males significant difference. 34.4% non-institutionalized and 3,7% institutionalized, no significant difference. Untreated BZDP 167 (61.9%).

**Discussion:** Patients greater than or equal to 75 years of age our health ZBS are more females than males, which is in line with life expectancy. There is a significant difference in greater institutionalization in females than in males There is more use of ATP in institutionalized and women with significant difference, and the use of BZD in women but not those who are in institutionalized.