

## **PS2.213**

### **Vitamin D deficiency**

Serhat Purcu(1), M Mert(2), A Khaznawi(1)

(1) Family Medicine Center, Bahcelievler, Istanbul, Turkey

(2) Department of Endocrin and Metabolic Diseases, Sadi Konuk E.R. Hospital, Istanbul, Turkey

*Corresponding author: Dr Serhat Purcu, Turkey Public Health, Family Medicine, Bahcelievler/Istanbul, Turkey. E-mail: spurcu@yahoo.com*

**Background and Aim:** Vitamin D deficiency is a common condition, and this can be seen at any age. Our aim is to determine the incidence of vitamin D in patients at our Family Medicine Center.

**Method:** We examined the Vitamin D levels of the patients who underwent routine blood test, between 1 January 2016 and 29 February 2016 in our Family Medicine Center.

**Results:** Vitamin D test performed on 73 patients. 59 (%82) of them levels <20 ng/mL, 7(%9) of them is between 20 and 30 ng/mL, 7(%9) of them bigger then 30 ng/mL.

**Conclusion:** Vitamin D deficiency has negative effects on cardiovascular, endocrine, immun systems, growth and development. Family Physicians can detect Vitamid D deficiency and can be treat for a quality life.