

PS2.193

A look inside a retirement home

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Background & Aim: To Know the profile of the institutionalized patients in our environment.

Method.: Retirement home in a rural environment. We study all the patients collecting data of gender, age of entry (AE), current age (CE), average stay (AS), marital status, children, reason for admission (RA), financing, degree of dependence (Barthel's scale) at entry (BE) and current (BC), limiting associated pathologies: Dementia, Alzheimer, psychiatric disorders, cerebrovascular disease (ECV), use of diapers and psychotropic drugs. We use the G-Stat statistical program with Excel as a database. We will describe the study in which the results express the average and standard deviation

Results: Female 56,4% Male 43,6%. AE: 75.85±1.28years CE: 78.97±1.3years, AS: 3.32±0.328years. Married 16.9% ,single33.8% divorced12.67% widowed 36.62%. 74,7% of the patients have one or no children. 60.56% of the patients entered for a social cause, 33.8% for neuropsychiatric disease and 5.63% for physical dependence. 77.46% have public funding. 45,07 % present some kind of pathological cognitive impairment, of which 62 % (28.17 % of residents) corresponds to patients with Alzheimer's disease. 22.5 % of residents suffered a stroke and at least 26.7 % of patients experience some psychiatric disorder. Dependence (BE/BC) Independent (8.45 / 5.63%) poor Unit (7/ 1.5 %) Moderate (25/21,13%) Severe (28 / 29.58 %) Total (31/42.25%). 88.7% use diapers, 84.5% use psychotropic drugs.

Conclusions: Resident profile studied is usually a woman, 79 years old, who has lived in the residence for 3 years. Widowed or single usually has one or no children and enter for a social cause with public funding. More than 70 % have severe or total dependency and more than 85% use psychiatric drugs and diapers.