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An extraordinary discovery

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Background: The vision of General and Family Medicine develops in a context of interaction between the Family Doctor and the Patient, the latter being the purpose of the first. This Doctor establishes a global and multidisciplinary approach. This clinical case aims to describe the diagnosis of a rare disease.

Report case: Female of 30 years, caucasian, unmarried; belongs to a nuclear family in the stadium VI Duvall cycle and class III of Graffar. She's dependent for daily life activities, with good social-familiar support. Personal history of left ipsilateral thyroidectomy in 2009; hypertension medicated since 2008, and carrier of cognitive delay not studied (delay in the psycho-motor development). Irrelevant family history. In May of 2015, after a transfer of her clinical process to another Family doctor, she underwent a Hypertension consultation, that detected blood pressure (BP) of 130/80 mmHg and microcephaly. It was performed an extensive study to detect the etiology of this alterations. In a scheduled consultation were observed and recorded these tests, whose results were normal except the brain computerized tomography, which showed 'hypoplasia of the lower and middle thirds of the cerebellar vermis associated with apparent cephalic rotation and dilation of the fourth ventricle with direct communication with the magna cisterna, and the cerebellar hemispheres are far apart laterally' - pathologic findings suggestive of Dandy Walker spectrum - classical disease Dandy Walker.

Conclusions: The Dandy Walker syndrome is a rare congenital brain malformation that occurs during embryonic development. Its clinical manifestations and physical signs depend on the degree of hydrocephalus. In conclusion, this patient has essential hypertension controlled and a neuroanatomical change, that should be referenced to Neurosurgery. This case highlights the importance of a holistic approach towards the Patient, and the Doctor should keep in mind uncommon causes of psycho-motor development delay, that can integrate underdiagnosed diseases.