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Treatment of spondyloarthritis in Family medicine's ambulance

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Summary: One of the most frequent patient's visiting it's family doctors are the joint' pains. The ordinary medical treatment by analgetics etc has not been followed by significant results. Searching for the course of the joint's pain, author developed it's own diagnostic approach and treatment using the simple appointment and basic laboratory urine and blood tests. In 81,6% the results presented asymptomatic urinary infection. As the infection has been treated, as the joint's pains diminished or has been significantly weaker. Conclusion is that there is certain immunology connection between hidden urinary infection and joint' pain which has to be discussed and investigated.

Key words: arthritis reactiva, urinary tract infection.