

## **PS1.243**

### **Breast cancer does not forget men**

*Violeta Rodriguez(1), C Tusa(1), I Revelles(2), S Maadi(1), JA Cuenca(3), A Santamaria(4), G Amodeo(5), JM Rodriguez(6)*

*(1) Resident of 3rd year in Family Medicine, Hospital de Poniente, El Ejido, Spain*

*(2) Family doctor, Emergency department, Hospital Torrecardenas, Almeria, Spain*

*(3) Resident of 5th year, Internal Medicine, Hospital de Poniente, El Ejido, Spain*

*(4) Resident of 4th year in Family Medicine, Hospital de Poniente, El Ejido, Spain*

*(5) Resident of 2nd year in Family Medicine, Distretto 6, Palermo, Italy*

*(6) Surgery Consultant, Hospital de Poniente, El Ejido, Spain*

*Corresponding author: Mrs Violeta Rodriguez, Hospital Poniente, Emergency, El Ejido, Almeria, Spain. E-mail: viorodriguez@gmail.com*

**Background:** AND AIM 67 year old man who came to our office for having pain and a mass in the right breast that had been growing in the last year. The patient did not come earlier because he thought that breast cancer was something exclusively of females and he had no reason to be worried, but because off the growth of the tumor, he finally decided to consult.

**Method:** In the physical exploration of the breast, we found a solid tumor in the upper external quadrant of the left breast of about 2cm approximately and that had adhered to deep planes of the breast. We also found a serous secretion coming out of the left nipple. We request an urgent bilateral ultrasound and an appointment in the Breast Unit of our reference hospital.

**Results:** Ultrasonography showed a lesion of about 10x11mm, classified as a BIRADS 4 in the right breast and a mass under the left nipple of about 6x25, classified as a BIRADS 4 as well. They made an ultrasound guided biopsy with thick needle that proved to be a bilateral ductal infiltrating carcinoma. A bilateral mastectomy was performed and subsequently he received chemotherapy.

**Conclusions:** As Primary care Physicians, we have to be wary of breast cancer symptoms in general, and never forget that the male presentation of the disease also exists. This striking case, teaches us that although the prevalence and incidence of the breast cancer in males is much lower, we can't relax because breast cancer also occurs in men. A delayed diagnosis may worsen the actual prognosis off the disease.