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### **A general overview on occupational health and safety and occupational disease subjects**

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**Background:** Occupational health is bringing the well-being of workers, partners and children to the uppermost level, developing living conditions, protecting them from unhealthy conditions both in working and living environments, making them work in suitable jobs for their talents and providing a healthy and high-quality production with healthy people and being protected from all kinds of stress factors as far as possible. According to numbers reported by ILO, nearly 6,000 people die due to occupational accidents or diseases every day.

**Method:** Problems such as lack of national policies on occupational health and safety and occupational health safety legislation, inadequate education, inability to spare a satisfactory budget to occupational health safety and inadequacy of staff for including small-sized enterprises and informal sector should be solved in developing countries. If the occupational disease occurs after leaving work, during the occupational and social safety legislation investigation of the subject, shutdown workplace or inability to determine occupational health and safety conditions or execution conditions in the working period of the employee also make the determination of occupational diseases harder. Occupational diseases are completely preventable diseases. There are cases effecting not only one factor, but many factors. Nutrition, individual sensitivity or variations, medicine used, smoking and drinking habits, fatness, etc. can be named among them. Occupational diseases effect family and social life. Specific organization and regulations are required in order to diagnose occupational diseases. Epidemiological studies and researches made in recent years on occupational disease increased information and intervention possibilities on occupational diseases.

**Results/Conclusions:** Applying occupational health and security rules in law, legislation and regulation level in order to prevent occupational accidents and diseases would be one of the most important steps in social protection.