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### What do our physicians know about their retirement?

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**Background and Aims:** The preparation for retirement is a process of information-training to the jubilable people and can assume their new role positively. This study is designed to determine the physicians demographics and retirement previsions of an autonomous community of Spain (Catalonia).

**Methods:** Design: a descriptive transversal study. Emplacement: primary care centers of Catalonia. **Subjects and Methodology:** An anonymous and voluntary survey of 17 multiple choice items is sent by e-mail to 1000 primary care physicians during February-May 2015, where data on socio-demographic factors, years of contributions to the social security and information about the retirement of participants are collected. **Statistics:** Descriptive analysis: absolute values, mean, percentages. Inferential analysis: Chi-square test for qualitative variables.

**Results:** 200 physicians respond. 58.7% are women and 53.5% are over of 54 years old. 69.3% are married or living in couple and 12.4% living alone. 43.5% have contributed to the social security more than 30 years. 44.6% do not have information about retirement, 30.3% would like to know more about it, 81% did not know what retirement pension will correspond, 90% do not know the formalities to carry out. 56.2% will occupy their time at leisure (travel, sport, creative activities) and 44.8% for volunteering or to be caregiver during retirement. 60% of women have a contribution to the social security period of 21-25 years ( $p=0.003$ ) and 29.4% of the physicians over 50 years do not know at what age they can retire ( $p=0.001$ ).

### **Conclusions:**

1. Feminization of primary care (60% of women have more than 20 years of contributions to the social security).
2. Important ignorance about retirement (44% uninformed).
3. Awareness to be informed more about retirement.