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Gynecological cancer survivors` views on follow-up after cancer treatment

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Background and Aim: An increasing number of cancer survivors place a significant workload on hospital outpatient clinics, and this has led to a debate on alternative follow-up regimens. It has been suggested that follow-up of selected cancer survivors could be provided by general practitioners (GPs). We aimed to explore gynecological cancer survivors` attitudes toward follow-up after cancer treatment. We focused in particular on their views on being followed up by a GP.

Methods: We performed a questionnaire study among gynecological cancer survivors in three Norwegian hospital outpatient clinics. Both survivors recently treated for cancer (N=94) and survivors treated at least one year ago (N=133) were included. The study was completed at the end of 2015, and analyzes will be conducted.

Results: We aim to present results from the study regarding the gynecological cancer survivors` views on what they considered to be the most important factors in a follow-up visit, their views on reasons for follow-up and their views on being followed up by a GP.

Conclusion: We intend to present results from the study that hopefully will increase our understanding of the cancer survivors` attitudes to follow-up care. Cancer survivors` views are important in the development of follow-up guidelines.