

OP32.1

Shared decision making tools in clinical practice guidelines (CPGs); creating a strong connection

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Background & Aim: Shared decision making (SDM) and the development of tools to facilitate it are widespread and actively encouraged. However, goals, target groups, methodologies to develop these tools and how (strong) they are connected to CPGs differ. Our experience gives rise to several discussion themes regarding the development process of the SDM-tools and the connection between these tools and (development of) guidelines.

Methods:

1. Short introductory presentation to share experiences of the Dutch College of GPs, regarding methodologies to develop SDM-tools alongside CPG-development and the way to integrate these tools within the CPG. The pros and cons of this strategy will be discussed and several examples of these tools are presented.
2. Themes to further optimize the development of SDM-tools will be presented and discussed shortly in pairs, followed by a plenary discussion.

Results: Better insight in:

- why & how to integrate SDM-tools within GP-guidelines (versus tools as separate entities)
- whether these tools help/facilitate SDM in the patient-doctor-encounter
- the necessity to work together with patients, addressing their Frequently Asked Questions in (and consequently avoid medical language in 'option grids')
- the necessity to work together with medical specialists (since choice-options often go beyond medical borders)
- ways to present uncertainties in option tables/SDM-tools and 'translate' these uncertainties into comprehensible patient information.

Conclusions: Outcomes of these discussions will increase insight in how to optimize (the development process of) tools in CPGs to facilitate SDM.