

## OP05.5

### **The primary care integrated ambulatory: an efficient methodology to teach medical students family practice and family medicine core values**

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**Background:** The traditional biomechanical model in medical education, based on high specialization and technology, lacks efficiency when we look for excellence in preparing future physicians. For this reason, the University Nove de Julho Medical School, in São Paulo, Brazil, has introduced the Primary Care discipline in the core curriculum. Family Medicine principles rule this academic discipline dealing with comprehensiveness, continuity of care, patient centered and dealing with family and community issues. The discipline aims to prepare future doctors for dealing with the most prevalent health problems, and teach how to coordinate care efficiently, and to use technology judiciously.

**Method:** During the internship period (the last four semesters at medical school) students run the Primary Care Integrated Ambulatory (free clinic for underserved patients).. They spend 4 hours, every week during this two-years period. Students see patients in pairs, and each group of 6 students have a faculty member supervising their work. The whole group has the opportunity of engage into the discussion of all patients, not just those they see.. This methodology brings the opportunity to combine practice (what the students see and do) with family medicine core values, bringing at the same time a patient centered approach along with evidence based medicine.

**Results:** Students are able to manage most of the common health problems and take care of patients through continuity, without referring to specialist. They see their own patients getting better, and satisfied with the care they are provided. At the same time, students learn the importance of managing cultural and spiritual issues, and also the emotions role for getting the right diagnosis and treatment.

**Conclusion:** The Primary Care Integrated Ambulatory brings satisfaction to medical students, promotes respect for family practice, because they learn how to coordinate care and practice a scientific and updated patient centered approach.