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Family medicine, elderly and palliative care, a great exchange opportunity

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Background: After the General Practitioner qualification I decided to develop my competence in Family Medicine and in Palliative Care, especially regarding the care of elderly people.

I enjoyed Giotto's Movement and Vasco da Gama Movement and I have participated to Hippocrates exchange with the idea to combine my interests in unique exchange with a great positive personal outcome.

Aim: Promote Hippocrates exchange and maybe inaugurate new kind of exchange, this is remarkable because many family doctors may work in nursing home or in hospice.

Method: Oral presentation/Workshop. Discuss and share my reflections on this experience. Auditorium feedback and suggestions for beginning to work on this project.

Results: The Exchange I have done was extraordinary under many aspects:

- 1) The opportunity to participate in different Family Medicine settings such as Out of Hours Service and Hospice,
- 2) The exchange was multi-professional, multi-disciplinary and multicultural,
- 3) The possibility to personalized the exchange,
- 4) I received a lot of positive energy and many stimuli for my current plan and research activity, I have learned many notions useful for projects for future.

Conclusion: I would discuss about this extraordinary experience in Copenhagen, It could be a great opportunity to promote other kind of Exchange with palliative care expert or elderly people expert.

I believe could be interesting discuss regarding this experience for the innovative approach and Copenhagen could be the right place to discuss and working on this project.