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Efficiency in questionnaire - based screening activities in family medicine practice. Using previous project experience for better results with less unnecessary costs

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Background: Ageing Europe enlarges the target population suitable for screening activities. Being main actors for most of such activities, family doctors face multiple pressure for successful outcome.

Increasing public health money makes it lately more affordable for central and eastern European countries to have national screening programs, costly investigations become accessible. Higher availability of such possibilities have to be used wisely, but doctors lacking them need better tools and techniques to make a good decision for their patients screened voluntarily.

Aim:

To help family doctors to:

- find the best balance between doing the screening and invested time
- reach hardly accessible patient groups
- deliver best results, avoiding unnecessary upcoming costs with false candidates

General objective: To choose the most efficient way to conduct questionnaire-based screening activities and improve output results.

Specific objectives: After workshop participants will be able to:

- Know the 6 most common questionnaires suitable in family medicine practice, to interpret results and how to raise decision quality by including additional patient data and scoring
- Identify at least 4 common issues and solutions to get from the whole target population of patients the correctly completed questionnaires, in time.

Methods and Results: Results will be presented from the experience of a voluntary screening project for prostate pathology conducted in parallel with 89 Romanian doctors and 56 Lithuanian for 1626 patients, by using different techniques.

Distributed in 3 groups, participants will identify the best techniques and approaches for 2 familiar questionnaires each. Different devices and software to test questionnaire input experience will be provided for higher interactivity.

Results will be presented and discussed with all together. Participants will be required to give workshop feedback by applying the freshly learned questioning abilities.

Conclusions: The workshop will develop abilities and know-how to conduct efficient and valuable screening activities.